

RSL WODEN VALLEY SUB-BRANCH



Current Items of Interest

12 August 22



Australian War Memorial

5 August at 16:01 · 🌐

From : AWM Facebook page

Members of the Australian Army Training Team Vietnam (AATTV) reunited at the Last Post Ceremony, on 3 August 2022, to commemorate the service of AATTV member Sergeant Kevin George Conway.

You can watch the Last Post Ceremony via YouTube:

<https://www.youtube.com/watch?v=2VvWGluxGHE>





Royal Commission
into Defence and Veteran Suicide

Interim Report

On 11 August 2022 the Royal Commission into Defence and Veteran Suicide Prevention provided its Interim Report to the Australian Government. The Interim Report is available at the following link:

[Royal Commission into Defence and Veteran Suicide – Interim Report](#)



Winner, Napier Waller Art Prize 2020

Matt Jones, *Yarn*, 2020

yarn and recycled waste fabric

183 x 183 x 18 cm

Matt Jones, a former Army major who served in East Timor, won the 2020 Napier Waller Art Prize for his work *Yarn*. His artist statement for *Yarn* reads as follows:

There have been times when I didn't want to communicate. I didn't want to admit to the difficulties I had encountered. I felt I didn't have the language to describe the sense of shame that I could neither name nor admit to experiencing.

Alienation is the idea at the heart of this artwork, expressed from my personal experience.

Its inspiration comes from the blue and yellow maritime signal flag, Kilo, which has the meaning 'I want to communicate with you.'

The act of making this oversized signal flag is a declaration that I wish to leave the messiness of the past behind me. It's time to pick up the loose threads and broken relationships, be they personal, societal or institutional.

The dimensions of the work mirror my height and arm span to create an unorthodox self-portrait.

The materials used are unapologetically crude, gathered while I had an opportunity between a period of quarantined self-isolation after returning from Korea, and the subsequently imposed national lockdown. We tell our stories with what we have, not with what we hope that we might have.

Yarning is where we connect. To listen and understand. The Furphy wagon. The familiarity of mates.

Comms check.

The way Matt describes *Yarn*, as symbolic of his desire to communicate, resonates with us as Commissioners of this Royal Commission. We acknowledge the poignant beauty, the deceptive simplicity and the power of the work. We thank Matt and the Australian War Memorial for giving us permission to reproduce *Yarn*.

The Napier Waller Art Prize is open to all current and former service personnel in the Australian Defence Force. The prize encourages artistic excellence, promotes the transformative power of creativity, and raises awareness of the experiences and talent of service personnel. Initiated in 2018, the Napier Waller Art Prize was named after Mervyn Napier Waller, an Australian artist who enlisted in the Australian Imperial Force in August 1915 and was wounded in 1917.

More detail about the Napier Waller Art Prize and the life of Napier Waller is available at the Australian War Memorial website: www.awm.gov.au/napier-waller-art-prize-hub.

Cover image: Matt Jones, *Yarn*, 2020, yarn and recycled waste fabric, 183 x 183 x 18 cm.
Collection of the Australian War Memorial, AWM2020.792.1.

Inside cover image: Napier Waller Art Prize 2020 winner Matt Jones with his work, *Yarn*.
Photographed by David Whittaker, Australian War Memorial, AWM2020.4.96.4.1.



Bring Your Bills



Welcome Cafe Lunch

Do you have a bill or a debt that you would like to discuss?

Come and have a confidential chat to services, including Care's team, energy providers and other community organisations.

Where: Uniting Care Kippax

When: Wednesday 17 August

Time: 12pm-2pm

Address: Cnr Hardwick Cres & Luke Street HOLT

Please bring bills, loan docs, concession cards, consumer contracts or relevant letters from providers

For more info call Care on 6257 1788, email education@carefcs.org or visit www.carefcs.org

If you're unable to attend on the day but would like to talk about your bills call Care on 1800 007 007 or visit www.carefcs.org

This event is funded by



ACT
Government

ActewAGL



invite you to a

Bring Your Bills

Face-to-face bill advice and
Welcome Cafe Lunch



Attend for your chance to win
a \$100 grocery voucher

Do you have a bill or a debt that you would like to discuss? Come and chat with the following services:

- Care - chat about assistance if you are experiencing financial hardship
- UnitingCare Kippax - find out about support programs on offer
- ActewAGL - can answer any billing or account questions
- ACT Government Everyday Climate Choices - find out about their home energy efficiency programs and rebates
- Vinnies - find out about their support programs and home energy assessments
- ACAT - support and assistance in cases relating to energy and water/sewerage issues

and more!

Also, ask about the \$100 Energy Support Vouchers for eligible customers.

ALL WELCOME

Where: Uniting Care Kippax
When: Wednesday 17 August
Time: 12pm-2pm (Lunch 12pm to 1:30pm)
Address: Cnr Hardwick Cres & Luke Street HOLT



scan for
more info

www.carefcs.org/bring-your-bills

Please bring bills, loan docs, consumer contracts or relevant letters from providers that you would like to discuss with the services in attendance. Please also bring any concession cards as well as proof of ID in case we need to verify details.

For more info call Care on 6257 1788, email education@carefcs.org or visit our www.carefcs.org

This event is funded by



ACT
Government

ActewAGL

New Program for People with Dementia and Carers at UC Hospital

Canberra Health Services and the University of Canberra are currently recruiting participants for a new program to evaluate its effectiveness for people with dementia and carers. The program is called SPICE: Sustainable Personalised Interventions for Cognition, Care & Engagement.

SPICE includes: physical activity, nutrition assessment, group activities, education, carers support, and appointments with an occupational therapist in the home.

SPICE includes free access to a range of allied health professionals at the University of Canberra Hospital over 12 weeks. At the end of the 12 weeks, participants will be eligible to receive a \$100 gift card.

Please forward within your networks. Questions or expressions of interest can be emailed to Dr Nathan D’Cunha at nathan.dcunha@canberra.edu.au or by phone at 02 6206 8585.



UC OPEN DAY - SAT 3 SEPT

Reserve your place

REGISTER NOW

[UC Open Day 2022 - University of Canberra](#)

The Ngunnawal people are the Traditional Custodians of the ACT where UC's Bruce Campus is situated and are an integral and celebrated part of UC's culture. We also acknowledge other First Nations Peoples.

Australian Government Higher Education Registered Provider (CRICOS) #00212K [Email Disclaimer](#)



canberra.edu.au

De La Salle Memorial Upgrade

De La Salle College memorial for students killed in RAAF Caribou upgrade

This year marks the 50th anniversary of the crash of RAAF Caribou A4-233 which occurred at Kudjeru on 28 August 1972. This accident remains the largest peacetime loss of life for the RAAF and saw the deaths of four Australian service personnel and 21 Army Cadets, all but one being students at De La Salle at the time. The only survivors of the crash were five of the cadets, one of whom died later in hospital from injuries he sustained in the crash.

As this is a milestone event the school wanted to make it a special to commemorate the tragic loss of so many students at one time. Part of this was to upgrade the current memorial that has been in place for the last 50 Years.



The Returned and Services League of Australia (Port Moresby Sub Branch) was approached for some possible assistance with the restoration. Previously the school had received a quote for K19 000.00 While not committing to anything the RSL sourced another quote from a local Bomana company that came out approximately have the original cost. The RSL executive committee was approached and they agreed to offer K5 000.00 to the school to assist in the restoration.

With everything now settled work on the upgrade was started Monday the 11 July 2022.



On Friday the 22nd Jul the memorial upgrade was completed and handed over to the school.





With the memorial now completed It will be officially unveiled on the 29th August 2022 at the 50th anniversary service With The Chief of the Australian Airforce and Head of Australian Defence staff in attendance.

Honor roll

Aircrew

FLTLT Graham D. Thomas	Pilot
PLTOFF Gregory L. Ebsary	Co-pilot
CPL Garry A. Power	Loadmaster

Army Escort Officer

CAPT R.D. Loftus (Det 68 GL Sect) Buried Taurama Barracks

Officer of Cadets

CAPT A.F. Dakin

Cadets

SGT John Gorogo	
SGT Dan Nad	Popondetta High; buried Taurama Barracks
CPL Nicholas Fabila	Died 1 September 1972. buried Taurama Barracks
CPL Joseph Morea	
CPL Peter Gerard	
LCPL Michael Kia	
LCPL Paul Ulua	
LCPL Harpi Vilamai	Buried Taurama Barracks
LCPL John Ovia	
CDT Phillip Allen	
CDT Ernest Baker	
CDT Michael Gorogo	
CDT Francis Moripi Jnr	Buried Taurama Barracks
CDT Thomas Nohoro	
CDT John Ogoga	
CDT Patrick Roroa	
CDT Joseph Sura	
CDT Paulus Tosa	
CDT Aika Toviro	
CDT Damien Verave	

Survivors

CDT Joseph Kosi
Patrick Tau-Gau
CDT Anthony Kolan
Christdayen Kereka

Point & Shoot - Australian Veterans Photography Exhibition

Good Afternoon Woden RSL team,

I write as founder of [Point & Shoot – National Veteran’s Photography Exhibition](#)

Showcasing career imagery and accompanying stories from Australian veterans, this exhibition provides a rare glimpse into the life and experiences of fellow Australians who have served their country.

Running at a state level in Tasmania over the past two years, it is with overwhelming interest and feedback that Point & Shoot comes to the national stage in Canberra 4-6th November, 2022.

Covering military service from post World War II onwards, Point & Shoot commemorates a range of modern conflicts, peace operations and service. The exhibit will feature 60 veteran images taken within Australia or overseas operations, with all images cleared by Defence media and approved for public display.

While we have received some partial funding from Department of Veterans Affairs to contribute towards production and printing costs, the project is predominately a self funded passion project for Point Assist so we are looking to collaborate with other ESO’s to help spread the word and get veterans involved!

I have attached a selection of tiles and a blurb about the expo if you would be open to sharing this event through your networks. Please feel free to extract portions as required or use in its entirety. If you would like any other material or have any specific requirements to facilitate sharing, please reach out, we would welcome your support.

Point & Shoot is a photographic exhibition of career imagery from Australian veterans designed to increase public awareness of the veteran experience.

Featuring images and accompanying stories sourced from veterans across the country, Point & Shoot aims to create conversation, understanding and connection.

The purpose of this exhibition is not to display perfectly captured photos from professional photographers. But rather, to share some of those moments frozen in time that those who serve our country thought were worth remembering.

Get involved and share your experiences. Submissions open until 4th September 2022. See website for details.

Kind Regards,
Mark Direen
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Point Assist
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Point
Assist

POINT & SHOOT

*Australian Veteran
Photography Expo*

Integrating veteran experiences
into the community

www.pointandshoot.online

THE EDDISON DAY CLUB

“ Although only very few volunteers and members of the Eddison Day Club have over the past few months, at times only two, been coming to the Canberra Irish Club on a Friday for lunch, we had been hoping that more would venture out and attend. The latest wave of COVID-19 infections from the new variants are increasing the cases in the ACT and the states. The Canberra Irish Club has informed us that they have not reported any cases in the last few weeks. We had, a few weeks ago, four of the lunch attendees test positive. Although it is not readily definitive that these cases were infective at the Canberra Irish Club, it has made them and others hesitant to return. As mentioned before, we can't expect to have guest speakers or entertainers come with so few being there in the audience.

Following consultation with several of the now inactive management committee, it is clear that there is not a great prospect of many people returning in the immediate future due to the rapid increase in cases of COVID-19 everywhere. The only solution is at present to keep up the 'phone calls by those members and volunteers, to the small group that they were assigned in March 2020 after the first closure. If we can maintain regular contact with these people, they feel less isolated. There is regular contact by other groups, within the Club, outside of those groups. We also think that it is also important that those who do attend on Friday for lunch do not feel that they have been neglected if there is nobody there to greet them.

The Eddison Day Club is an integral and long-term section of the welfare area of the Woden Valley RSL Sub-Branch and it would be a shame for it to disappear.

Regards

Peter Sutton



Woden Valley Sub Branch

Vice President Welfare



CALL to ARMS – We need Welfare Volunteers!

Over the past two years the ranks of our volunteers have diminished. COVID-19 took its toll by halting all group activities and home visits. As COVID restrictions ease, we are keen to re-establish the connections with members and need your help to do this.



How can you help?

- We need to re-establish our Home, Hospital and Residential Aged Care Visiting Groups to maintain contact with our older and frail members through visits or regular phone calls
- Coffee catch-ups with members
- Assisting with commemorative and special events
- Contributing and editing articles for our publications
- Assisting with Day Club weekly fun activities or outings
- Archiving, library services or assisting the office staff
- Assisting with transport
- Organising recreational or social activities
- Helping raise funds through the ANZAC Day and poppy appeals
- Assisting with delivery of Christmas Cards and gifts to our oldest members
- Attend presentations for volunteers at the sub-branch on relevant topics to keep up to date with information

These are some of the opportunities for volunteers and other suggestions are always welcome.

What is needed to be a Volunteer?

Firstly, your genuine interest in people and your investment of time and energy in their well-being.

Each member of our volunteer team must be prepared to abide by our privacy and confidentiality policies and apply for the Working With Vulnerable People (WWVP) certification (at no cost to you).

Our volunteers are highly regarded, not just by RSL, but by those who receive their care and attention and by the community at large.

We would also welcome our former volunteers to let us know if they are still willing and able to offer their services.

Please contact the Welfare Office by email: welfare@rslwoden.org.au

or

phone: 6285 1931 on Tuesday or Wednesday.

We would like to hear from you!





Open Arms - Veterans & Families Counselling ✓

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As the cool winter weather continues, COVID-19 cases are expected to rise. It's important that we take steps to reduce the spread and lessen the impact of COVID-19 in our community.

Let's continue to practice COVID smart behaviours, including:

- wear a face mask when you're unable to socially distance
- maintain good hand hygiene
- stay up to date with your COVID-19 vaccinations
- stay home if you're not well, even if you return a negative COVID-19 test result

This will help protect those most vulnerable from the rising cases across Australia.

Find information and resources 📌 <https://www.openarms.gov.au/living-well/life-covid-19>

COVID smart behaviours



Wear a face mask



Good hand hygiene



Stay up to date with vaccinations



Stay home if you're unwell



Get tested if you have symptoms

OPEN ARMS
Veterans & Families Counselling

1800 011 046
OpenArms.gov.au



COFFEE CATCH UP EVERY FRIDAY 10-12

Members and guests are welcome to join us for a chat and enjoy freshly brewed coffee & cake with former service mates. Every Friday from 10 to 12 in The Corey Room, Level 2A, of the Grant Cameron Community Centre, 27 Mulley Street, Holder.

Please note that the Eddison Day Club is currently meeting on only a very casual basis for lunch at midday Fridays.



Contact Us

Give us a call for more information or access to our services

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HOLDER ACT 2611**

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admin@rslwoden.org.au

Visit us on the web at
www.rslwoden.org.au

Office hours are
9am-3pm Mon-Fri

PS.

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