

# RSL WODEN VALLEY SUB-BRANCH



Current Items of Interest

16 September



Australian War Memorial

**National Day of Mourning for Her Majesty the Queen.**

The Australian War Memorial will be open to visitors next Thursday 22 September. All visitors require a free ticket to enter the Memorial's Galleries or attend the Last Post Ceremony.

Capacity is limited. Please book your ticket in advance to guarantee entry. Session times and online booking is available at [www.awm.gov.au/visit](http://www.awm.gov.au/visit)

One minute's silence will be observed at 11am, throughout our galleries.

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[www.awm.gov.au/visit](http://www.awm.gov.au/visit)



# THE EDDISON DAY CLUB

## Save the Dates

Following consultation with the Executive of Woden Valley RSL Sub-Branch it is the intention to temporarily suspend the meeting of the Eddison Day Club for the remainder of the year. This is due to the low numbers that are attending each Friday for lunch.

We have applied for a grant from DVA to hold three seminars in early October for Veterans' Health Week, whose theme this year is "Eat Well". These lunches will include a short talk by a dietician on healthy eating and then an individually packed lunch prepared by a local veteran couple who will cater and serve to each attendee.

We have also received another grant to pay for some bus trips out of Canberra. We had three in November 2020 which were well patronised. We have done some research on four bus trips to be held in October and November this year.

At present we are considering the following tours:

- a tour to the Southern Highlands stopping at Berrima, Moss Vale (where we will have lunch at the Moss Vale Services Club), visit Robertson and return to Holder by 4.00 pm;
- a tour to Yass and District, visiting Cooma Cottage, visit Harden with lunch at the Harden Country Club, visit the local sculptures including 'Bill the Bastard', maybe St Clements Monastery, and return to Holder by 4.00pm;
- a tour of Bungendore for morning tea, Braidwood shops with lunch at the 'Loaded Dog' at Tarago on the other side of Lake George, returning to Bungendore for a visit to the Woodcraft Shop, Leather Shop, the Antique Shop or a coffee. Then returning to Holder by 4.00pm;
- a tour to Cooma. We have a Sub-Branch member who will do a running commentary during the trip, as he knows the area well. We will have lunch at the Cooma Ex-Services Club and visit the area where a founding member of the Woden Valley RSL Sub-Ranch.

All tours will leave from the bus-stop outside the Woden Valley RSL Sub-Branch at 27 Mulley Street at 9.00am. Bottled water will be available for each tour. Face masks will also be available.

The grant will not cover all four, so we will have to conduct the ones that receive the most response. We will be using Deanes Coaches as we did last time. They have a 57 seat as well as a 62 seat coach. This will allow safe social distancing. We will endeavour to have Mr Reece Campbell be our coach captain once again.

We would appreciate people contacting the Sub-Branch to express their interest to patronising both the Veterans' Health Week functions and the bus trips they would prefer.

**Regards**

*Peter Sutton*

**Vice President Welfare**





**ALERT**  
BE WARY OF A  
'RSL' GUISED PHONE  
SCAM IN PLAY

## ALERT: RSL PHONE SCAM

We have recently been alerted to a phone scam operating under the guise of RSL. Members of the public have reported receiving calls from individuals claiming to be RSL staff members and seeking 'opt-ins' to the charity.

Please note, RSL Australia does not undertake any telephone marketing and will never ask for financial contributions, donations or for any personal information via this channel.

While some of our RSL Branches do undertake fundraising campaigns periodically, this is typically through street appeals or via official RSL websites.

As per Australia's Cyber Security Centre advice, we encourage people to be extra cautious if asked to supply personal details or financial contributions via an unknown phone number or email. The recommended advice is to decline and seek clarification through the official company contact lines.

### How to report a scam:

If you have experienced any suspicious phishing behaviour associated to the RSL please report this along with any supporting details (emails, phone numbers etc) so it can be further investigated.

Email: [Enquiries@rsl.org.au](mailto:Enquiries@rsl.org.au)

For more information on scams and tips on how to protect yourself please visit: [www.cyber.gov.au/learn/scams](http://www.cyber.gov.au/learn/scams)

## SAVE THE DATE !



**The Annual Christmas Lunch will be held on Wednesday 7 December 2022 at Canberra Southern Cross Club.**

**More details will be provided on the late date.**



## DEFENCE FORCE WELFARE ASSOCIATION

### NATIONAL OFFICE

A member of the Alliance of Defence Service Organisations

8 September 2022

## MEDIA STATEMENT

### - A TAXING ISSUE -

## ROYAL COMMISSION RECOMMENDS HARMONISING LEGISLATION - PROPOSED LEGISLATION ENTRENCHES DISHARMONY -

The Interim Report from the Royal Commission into Defence and Veteran Suicide recommends “*that the Australian Government should, without delay, implement legislative reforms to simplify and harmonise the veteran entitlement system.*” This is the Interim Report’s Number One Priority.

Now is not the time to introduce legislation which entrenches legislative differences and leaves some disabled veterans paying more tax on their invalidity benefits than others. The draft *Treasury Laws Amendment Bill 2022: Taxation of Military Superannuation Benefits* embeds different tax treatment regimes for veterans depending on when they started receiving payments and the scheme. For example:

- Veterans with the same date of enlistment, same employment and pay, same length of service and with the same disability, and receiving the same Invalidity Benefit payment under the same superannuation scheme, can be taxed differently.
- Veterans whose Invalidity Benefits payments commenced on or after 20 September 2007 receive more favourable taxation treatment than those whose payments started prior to that date.
- Except those veterans covered under the newer ADF Cover (2016) are not eligible for the same favourable taxation treatment of Invalidity Benefits as their mates serving beside them but on the earlier super schemes. Most would be unaware of this. Some may have even chosen to change to the new scheme, without being aware of this significant difference.

Can this different treatment really be justified?

The beneficial effects of the proposed legislation for veterans and their surviving dependents should be extended to all veterans receiving Invalidity Benefits for similar disabilities.

DFWA urges the Government take this opportunity to simplify and harmonise the tax treatment of veterans’ Invalidity Benefits, and not entrench the differences and difficulties causing adverse effects on veterans’ mental health as highlighted by the Royal Commission.

#### Contacts

<b>National President:</b> Kel Ryan 0418 759 120	<a href="http://www.dfwa.org.au">www.dfwa.org.au</a>	<b>Spokesperson:</b> John Lewis (07) 2102 9879
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# Army



The Band of the Royal Military College

## **MASTERWORKS FOR WINDS**

Saturday 1st October 2022 - 7pm

Llewellyn Hall, ANU

An evening of entertainment from one of Australia's premiere wind ensembles. Entry via gold coin donation with all proceeds going to support Canberra Legacy.

Bookings essential - [www.eventbrite.com.au](http://www.eventbrite.com.au)

or scan the QR Code



[#AusArmy](#) [#ausarmyband](#) [#canberralegacy](#)





Military and Emergency  
Services Health Australia

## MindRight Program



### CALLING

Current and former  
Australian military  
members

Military and Emergency Services Health Australia is proud to deliver MindRight, a program developed after StoryRight, in 2019 to provide Australian Defence Force (ADF) members the tools to successfully undertake the mindset shift from sailor, soldier or airman/woman to civilian.

Despite spending years developing a strong work ethic, excelling in stressful decision making and demonstrating a strong understanding of teamwork, many ADF military personnel can find the transition to civilian life difficult.

The MindRight program specifically targets common major problems veterans experience when leaving the military such as:

- Feeling socially marginalised when leaving the military
- Losing a sense of purpose
- Frustration from a clash between military and civilian codes.

MindRight is a one-day, peer-led course which will equip service men and women with the tools to understand:

- How military service influences your identity
- Shifting values and beliefs through life, and also from military to civilian life
- How to use self-care to fuel your resilience
- Importance of your community of care and positive impact of peer support.

*"MindRight raised my self-belief in the civilian context... it helped me fully understand my own value."*

Participant testimony

For any enquiries please email  
[contactus@mesha.org.au](mailto:contactus@mesha.org.au)

## REMINDER ! Flowers of Peace & 'Vietnam Requiem'



POW Requiem tickets



### 'POW Requiem' tickets on sale now

Tickets are now live for this once in a lifetime performance on Saturday, 29 October 2022, Llewellyn Hall, ANU School of Music, Canberra. Join us to witness a truly memorable concert featuring Greta Bradman, Andrew Goodwin, Riley Lee (shakahachi), Canberra Symphony Orchestra and guests, musicians from the Australian Defence Force, ANU Chamber Orchestra and Choirs when we will remember WWII Prisoners of War, primarily those captured in Asia, and their fight for freedom.

Chris Latham OAM, Director of the Flowers of Peace talks about his vision for this concert in the link below...

**Book your seats now**

[POW Requiem tickets | Llewellyn Hall | Ticketek Australia](#)

**Director's vision**

[POW Requiem - Flowers of Peace Director's vision - YouTube](#)



## **Re-live the 'Vietnam Requiem'**

**With Vietnam Veterans' Day 2022 upon us, at last we can offer you the opportunity to re-live the concert. The options are DVD or USB. Direct download will be coming soon. Both Act 1 and Act 2 are included, along the speeches from the Sunday performance. This concert recording has been made at cost and we have included trackable postage to ensure the contents do not get wet nor lost. After ordering, you can expect delivery approximately 10 days thereafter. We will keep you informed via email of progress with the despatch date.**

**What a treat this concert was. May you enjoy it over and over again.**

**Please keep your Program Guides handy when watching the video as it gives the facts and stories behind each of the movements in the Requiem. If you do not have a Guide you can download a copy [here](#).**

**Buy your copy now**

[Music and art to help heal trauma \(flowersofpeace.com.au\)](https://flowersofpeace.com.au)





## **COFFEE CATCH UP EVERY FRIDAY 10-12**

**Members and guests are welcome to join us for a chat and enjoy freshly brewed coffee & cake with former service mates. Every Friday from 10 to 12 in The Corey Room, Level 2A, of the Grant Cameron Community Centre, 27 Mulley Street, Holder.**

**Please note that the Eddison Day Club is currently meeting on only a very casual basis for lunch at midday Fridays.**



## **Contact Us**

Give us a call for more information or access to our services

**RSL Woden Valley  
Sub-Branch  
14/27 Mulley Street  
HOLDER ACT 2611**

**62851931**

**admin@rslwoden.org.au**

Visit us on the web at  
**www.rslwoden.org.au**

Office hours are  
**9am-3pm Mon-Fri**

## **PS.**

**Ever lost your copy of  
*e-News, Current Items of  
Interest or The Serviceman?***

**All our publications are also  
readily available to read on  
our website**

**www.rslwoden.org.au**