

# RSL WODEN VALLEY SUB-BRANCH



Current Items of Interest

24 March 2023

## REMINDER!

### SUB-BRANCH ORDINARY GENERAL MEETING (OGM) 28 MARCH 2023

Dear members,

A reminder that the next Sub-Branch OGM will be held at 1400 hours on Tuesday 28 March 2023 in the RSL Sub-Branch office in Holder.  
We look forward to seeing you there.

Kind regards,

Greg



Woden Valley Sub-Branch

**Greg Kennett**

Secretary

Woden Valley Sub-Branch

Australian Capital Territory

P: (02) 6285 1931

E: [secretary@rslwoden.org.au](mailto:secretary@rslwoden.org.au)

W: [www.rslwoden.org.au](http://www.rslwoden.org.au)

**Marist College Canberra - Footsteps Day Information - Defence Service Day 22/3/23.**

Marist College Canberra hosted another “Footsteps Day” (Year 9 College program) devoted to giving students a detailed understanding of our Defence Forces and the sacrifices that our veterans have made. Students learned about the story of Corporal Ernest Corey. Also, a veteran Woden Valley RSL volunteer discussed with student groups what ‘Defence service’ is, as they accompanied students through the Ex-Service section of the Woden Cemetery.



From left: Ian Gollings, Matt Calder (teacher), Anthony John, Mick O`Donnell, Peter Sutton, Matt Griggs, Greg Kennett.

Not shown: Brian Calder



**Matt Calder with Students**



**Matt Calder and Mick O`Donnell**

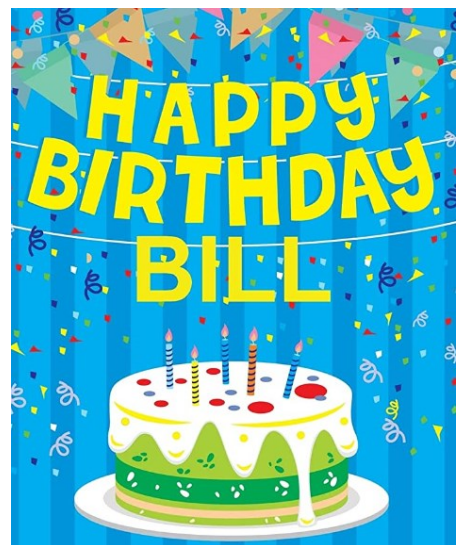


**Grave of Brian and Joyce Cook.**



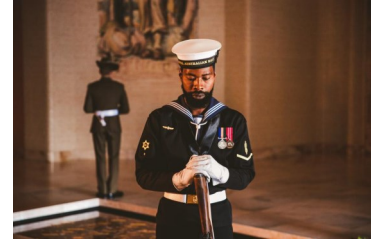
**Grave of Captain Emily Deidre Kelly.**

# Coffee Catch-up on Friday 17 March with Bill Rudd's Birthday Cake



# Anzac Day 2023

from AWM website



**Anzac Day is our day of national commemoration.**

On Tuesday 25 April, the Australian War Memorial will mark the 108th anniversary of the Gallipoli landings in 1915, as well as commemorating all Australians who have served and died in military operations. The 2023 Anzac Day commemorative program includes:

- Dawn Service **at 5.30am**
- The Aboriginal and Torres Strait Islander Veterans Association Commemorative Ceremony

**ACT RSL Veteran's March at 9.30am**

For more information contact [admin@actrsl.org.au](mailto:admin@actrsl.org.au) or call (02) 9161 7690

- Last Post Ceremony **at 4.45pm**

## Overview

The 2023 Anzac Day Dawn Service and RSL Veterans' March will be held in the Captain Reg Saunders Courtyard and Sculpture Garden, with large viewing screens available on the grounds of the Memorial and on Reid Oval for public viewing.

**Tickets are not required to attend the Dawn Service and Veterans' March, but tickets are required to enter the galleries and attend the Last Post Ceremony.**

For those unable to attend commemorations in person, the events will be shown on ABC TV and online. Broadcast details will be advised closer to the day.

Click on the drop-down menus below for more information.

Information regarding Anzac Day will be updated on the website nearer the date. For further enquiries please email [ceremony@awm.gov.au](mailto:ceremony@awm.gov.au) or call (02) 6206 9813

**More details – click link below:**

<https://www.awm.gov.au/commemoration/anzac-day>



Australian Government  
Department of Veterans' Affairs

transforming  
**DVA**

Dear Valued Veteran and Family Support Organisation,

### DVA Mental Health and Wellbeing Service Experience Survey

DVA is conducting a survey of veteran and family experiences with mental health and wellbeing support services provided by the Mental Health and Wellbeing Services Division (including Open Arms – Veterans & Families Counselling).

The survey will not ask for any identifying information, and individual respondents will not be recognisable. Data provided will help inform the co-design of a future model of mental health and wellbeing service delivery to guide how we provide support to Australian veterans and families.

We welcome contributions from current and former Australian Defence Force members, as well as families of living and deceased veterans.

We would appreciate you sharing the following survey link to members of your organisation and your broader networks:

[Have your say on DVA's mental health and wellbeing services | Department of Veterans' Affairs](#)

If members of your organisation haven't used the specific services listed in the survey, they are still welcome to complete the last question in the survey, which asks for ideas for improving overall mental health and wellbeing support services and experiences for veterans and families.

There is also the option for service users to register for a one-on-one interview at the end of the survey. This is completely voluntary, but respondents will need to identify themselves and their contact details. This information will be collected on a separate site and cannot be linked to survey responses.

If members would like to provide feedback on the survey and/or interview registration process they can either do so within the survey itself, or by emailing [mhwsd.strategic.development@dva.gov.au](mailto:mhwsd.strategic.development@dva.gov.au)

Members are welcome to share the survey link with friends, family members and networks who might also be interested in participating.

Your ongoing support of the Division's Service Review and Transformation Program is very much appreciated.

Leanne Cameron

First Assistant Secretary

Mental Health and Wellbeing Services

Department of Veterans' Affairs

Department of Veterans' Affairs – MHWS Strategic Development GPO Box 9998 Brisbane QLD 4001 1800 838 372

2023

# EDUCATIONAL SEMINAR



**JO TWIBLE**  
PRINCIPAL



**CRAIG PHILLIPS**  
SNR FINANCIAL PLANNER, ACCREDITED AGED CARE PROFESSIONAL



**KERSTIN GLOMB**  
SPECIAL COUNSEL IN ESTATE PLANNING



**LUISA CAPEZIO**  
ACCREDITED AGED CARE PROFESSIONAL

## RETIREMENT VILLAGES & SUPPORTIVE CARE: LEGAL, FINANCIAL & ESTATE CONSIDERATIONS

Hellenic Club of Canberra  
Matilda Street, Phillip  
10:00 am to 12:30 pm



PHILLIPS  
WEALTH PARTNERS

**10  
May,  
2023**  
—  
10:00 am



JOIN US FOR A SEMINAR ON



## RETIREMENT VILLAGES & SUPPORTIVE CARE: LEGAL, FINANCIAL & ESTATE CONSIDERATIONS

HEAR FROM LOCAL EXPERTS ON MATTERS CONCERNING LEGAL, ESTATE,  
FINANCIAL AND RETIREMENT PLANNING

Wednesday  
10 May 2023  
10 AM to 12:30 PM

HELLENIC CLUB  
Phillip ACT

**RSVP:**  
**REGISTER ONLINE (USE QR CODE)**  
**CALL SONYA 02 6281 0999**  
**EMAIL: [SONYA@KJBLAW.COM.AU](mailto:SONYA@KJBLAW.COM.AU)**





<p><b>OPEN ARMS</b> Veterans &amp; Families Counselling</p> <p><b>1800 011 046</b></p>	<p><b>SAFE ZONE SUPPORT</b></p> <p>FREE ANONYMOUS COUNSELLING LINE CALL 1800 142 072</p>
<p>Defence Family Helpline</p> <p><b>1800 624 608</b></p>	<p>Defence All-hours Support Line</p> <p><b>1800 628 036</b></p>
<p><b>1800 VETERAN (1800 838 372)</b> Advice, claims and support services</p>	

You're not alone, support is just a phone call away.

[Open Arms - Veterans & Families Counselling](#) is available 24-hours a day, 7-days a week on 1800 011 046.

Safe Zone is free, anonymous and confidential and is available 24/7 for current and former serving Australian defence personnel on 1800 142 072.

The Defence All-hours Support Line is a confidential phone and online service for current serving ADF members and their families, available on 1800 628 036.

Families of serving personnel can also contact the Defence Family Helpline on 1800 624 608.

These organisations are staffed by people who understand the military experience and are there to support ADF personnel, veterans and their families





Calling all serving, former serving and family members in Canberra and surrounding regions! You're invited to the 2023 Defence Community Sports Day 🎯, hosted by [Invictus Australia](https://www.invictusaustralia.org), supported by Defence Health.

Come down to Tuggeranong Archery Club on Saturday 1 April to try one of the many sports on offer, enjoy a sausage, say hi to friendly faces from [Open Arms - Veterans & Families Counselling](https://www.openarms.org.au) and you can even get your face painted! 🍌

Don't forget to visit the photo booth to make some fun memories. There'll be lots of fun to be had and heaps of FREE activities for the whole family. What a great way to connect with other veterans and families, and have a great day out.

For more info, visit the Invictus Australia website [www.invictusaustralia.org](https://www.invictusaustralia.org).

Keep an eye on their website for more family days to be held across the country



**COFFEE CATCH UP  
EVERY FRIDAY 10-12**



Members and guests are welcome to join us for a chat and enjoy freshly brewed coffee & cake with former service mates. Every Friday from 10 to 12 in The Corey Room, Level 2A, of the Grant Cameron Community Centre, 27 Mulley Street, Holder.

**The Eddison Day Club will continue to meet for a lunch each Friday at noon until we can once again meet at a reinvigorated Day Club.**

**Come and join us for lunch.**



**Contact Us**

Give us a call for more information  
or access to our services  
RSL Woden Valley  
Sub-Branch  
14/27 Mulley Street  
HOLDER ACT 2611

**62851931**

**admin@rslwoden.org.au**  
Visit us on the web at  
**www.rslwoden.org.au**

Office hours are  
9am-3pm Mon-Fri

**PS.**

**Ever lost your copy of  
*e-News, Current Items of  
Interest or The Serviceman?*  
All our publications are also  
readily available to read on  
our website  
**www.rslwoden.org.au****