## RSL WODEN VALLEY SUB-BRANCH ENEWS



August 2020

## **OGM on 28 July 2020**

The first (non-dinner) RSL WV Sub-Branch OGM since January finally took place on the afternoon of Tuesday 28 July. Having measured up the rooms available to us since we lost access to the Southern Cross Club, we concluded that only the corridors at the Grant Cameron Community Centre could meet the COVID requirement for four square metres of space per person. Undeterred, 30 Sub-Branch members rolled up to hear of our progress during the lockdown.

For instance, Disaster Relief Australia now helps the Sub-Branch with gardening and other needs of our elderly. We helped the descendants of the Rats of Tobruk plant roses in Eddison Park in readiness for the 80<sup>th</sup> anniversary next year.

The President presented to a Young Veterans Forum at Defence.

We were the only Sub-Branch in Australia to receive funding to run a GEARS program which offers a skills-based intervention for members of the younger veteran community in Canberra experiencing mental health problems. Currently the President and Peter Eveille are undergoing training for this program.

We have received corporate support to upgrade our IT and communications and we are developing a Strategic Plan and Business Plan.

Welfare have assisted those affected by bushfires, the homeless, clients with mental health issues and the isolated or vulnerable through volunteer contact and follow-up contact, whether in-home, in aged care homes or hospitals. Some received food parcels with the support of Lazy Grazing, which is run by a supportive veteran. Some members attended an Art class. In general, Welfare welcomed a new client to the fold every working day – sometimes outside working hours.

In the advocacy area, Andrew and Lynnda welcomed 5-7 new clients a week - 149 in the six months to 30 June – many of them still serving, and successfully steered some through the VRB. Recognition and support of their work came through a more generous BEST grant this year. The loss of Kathleen Craig had a considerable impact, both personally and to clients. A moment's silence was given to Kathleen and to another former Sub-Branch stalwart and friend, Alex Reynolds.

An amended motion was passed on tenure of office in the Sub-Branch by-laws and Peter Eveille was endorsed to fill the Deputy President role.

We hope to hold the next OGM more traditionally on Thursday 29 September.









## On 10 of July Journalist Nichole Overall visits our Corey Room









Our small group recently discovered that local author, Nichole Overall, a Queanbeyan-based journalist, author and social historian, has for some time been researching Ernie Corey's story and is currently in the process of writing a book. We invited Nicole to an early presentation of the video produced by David Jenkins and viewed in The Corey Room on Friday 10 July.

Attending on the day, at rear, Nichole Overall, Bill Smith (Past President), President Jim Gilchrist, David Jenkins (Ghetto Media), and in front members Greg Newlyn, Peter Sutton, Alan Frieslan and Sub-Branch Chaplain Mick O'Donnell.



## **ADVISE OF RAAF CENTENARY 31<sup>ST</sup> MARCH 2021**

Sub-Branches and members are advised that the RAAF celebrates its centenary on 31<sup>st</sup> March next year and that a number of events are planned by the Branch to commemorate this quite historic and of course unique happening. Naturally, they are subject to the ramifications of Corvid 19 conditions. The prime events are:

The National Dawn Service and ANZAC Day March

The placement of a plaque in the RAAF Memorial Grove ACT

A Branch dinner and

A brief historic summary of the 100 years will be available.

Both the Dawn Service and the ANZAC Day March will be specially structured to reflect the Centenary with involvement by RAAF personages and RAAF elements, both active and ex-service, will lead the march.

A plaque honouring the RAAF and all serving and ex-service personnel together with the almost eleven thousand souls who perished in conflict will be placed by the Branch in the RAAF Memorial Grove, Federal Highway ACT on a date to be selected in the weeks immediately around the 31<sup>st</sup>

March 2021. The plaque's design is currently being developed with the assistance of the RAAF

Association (ACT Division who is designated as the design approval authority by the National Capital Development Commission for management of the Grove).

If there is sufficient interest, the Branch is keen to organise a mixed Branch dinner in the March/April 2021 timeframe to celebrate the Centenary; it would be most useful if Sub Branches were able to get a general expression of interest in such an event to allow preliminary planning re a suitable venue etc.

Mac Weller of Belconnen is preparing a series of historic summaries of eight instalments covering the Australian Flying Corps WW1, Post WW 1/pre WW 2, Air War against Germany WW2, Air War against Japan WW2, the fifties, the sixties and seventies, eighties and nineties and the RAAF of the new millennium for inclusion in the Belconnen newsletter. They are available for use by other Sub Branches from Mac at mnbweller@bigpond.com, 0414 842 701 as might be required.

Finally, the Branch strongly endorses and commend this initiative and seek its active support by Sub- Branches particularly in respect of volunteer assistance to help its organisation. Contact Mac Weller if you can help.



AVM Mac Weller AM (Retd) addressing Members at the presentation of his Meritorious Service Medal.



## Vietnam Veterans Australian Capital Territory & District

Address: 9 Burkitt Street, ACT, 2614 Telephone: (02) 6255 1599 Email: office@vscact.org.au

14 July 2020

## Vietnam Veterans Remembrance Service 2020

Mr Jim Gilchrist

Returned & Services League - Woden Valley

14/27 Mulley Street

**HOLDER ACT 2611** 

Dear Jim,

The Vietnam Veterans Remembrance Service planned for 18 August 2020 (Long Tan Day) will not be conducted in its usual format this year due to the impact of COVID-19. The Vietnam Veterans Federation is not prepared to expose the Veterans and members of the community who would normally attend the service to the possibility of COVID-19 infection given the incidents arising in Victoria and New South Wales. This is not a decision we have taken lightly.

A simple service will be held at the National Vietnam Memorial on Anzac Parade, Reid from 10am on 18 August 2020. The Service will consist of a welcome address, a Prayer for Peace, the Last Post and the laying of wreaths or other commemorative items. There will be no seating available.

All Vietnam Veterans are invited to attend the brief Service and gather at the Ainslie Football Club, 52 Wakefield Avenue, Ainslie, 1200 hours to 1500 hours for the traditional camaraderie afternoon.

Please contact our office if you have questions 02 6255 1599 or office@vsc.org.au

Yours faithfully,

**Ward Gainey JP** 

Chairman, Organising Committee

Vietnam Veterans Remembrance Day 2020





### Medianet Release

07 Jul 2020 3:24 PM AEST - Chester release - Free Suicide Prevention Training for the Veteran Community

### The Hon Darren Chester MP

Minister for Veterans' Affairs
Minister for Defence Personnel

### **MEDIA RELEASE**

Tuesday 7 July 2020

## FREE SUICIDE PREVENTION TRAINING FOR THE VETERAN COMMUNITY

SUPPORT for veteran health and wellbeing has been strengthened with the introduction of a free online suicide prevention training program, delivered in partnership with Open Arms – Veterans & Families Counselling and the Returned and Services League of Australia.

Minister for Veterans' Affairs Darren Chester said *Suicide Prevention Start* is available to anyone who has contact with, or supports the veteran community.

"Veterans' mental health and wellbeing is everyone's business—governments, families, friends, employers, community organisations, ex-service organisations and the broader veteran community—and we must all work together," Mr Chester said.

"Suicide is a national tragedy that affects many of us and this free, self-paced program provides practical guidance on the signs that someone may be contemplating suicide, and how to connect them to help and support.

"Providing access to this free online training is an example of our commitment to improving the mental health and wellbeing of our veterans and their families, and I encourage all those in the ex-service community to complete this potentially life-saving training."

Delivered in two 90 minute sessions, the online training is open to all current and former ADF members with one day continuous full-time service, their family members and anyone who has contact with or supports the veteran community.

In addition to *Suicide Prevention Start*, Open Arms has also developed a suite of introductory online training options that includes, *Doing Anger Differently*, *Understanding Anxiety*, *Recovery from Trauma*, and *Managing Pain*.

For more information on Open Arms programs and services, visit <a href="www.openarms.gov.au">www.openarms.gov.au</a> or call 1800 011 046.

**ENDS** 

**MEDIA CONTACTS:** 

Rachel Tharratt: 02 6277 7820

DVA Media: 02 6289 6466



#### The Hon Darren Chester MP

Minister for Veterans' Affairs Minister for Defence Personnel

#### MEDIA RELEASE

29 July 2020

#### NEW INITIATIVE STRENGTHENS HOUSING SUPPORT FOR VETERANS

Improving understanding of veteran homelessness among housing providers will be the focus of a new set of industry standards, training materials and a toolkit being developed by the Department of Veterans' Affairs (DVA) and the Community Housing Industry Association (CHIA).

Minister for Veterans' Affairs Darren Chester said any instance of veteran homelessness was concerning and this initiative will strengthen the relationship between housing providers, DVA, exservice organisations (ESOs) and Open Arms – Veterans and Families Counselling.

"Where DVA is made aware of a veteran who is homeless or at risk of homelessness, all of these organisations work together to ensure they are appropriately looked after, and this joint initiative between DVA and CHIA will raise further awareness of veterans' unique risk factors," Mr Chester said.

"Partnering with CHIA on this work is vital as it represents all community housing providers across Australia, managing more than 100,000 rental properties, which will allow us to connect with veteran communities in all states and territories.

"The Australian Government is committed to better understanding homelessness among veterans and will continue to support initiatives, such as this one, so that we are delivering quality services to those who may be struggling post-service."

There are many factors that can contribute to homelessness, such as relationship breakdown, unemployment, and mental health issues, and the Government is focused on mitigating these factors before veterans and their families find themselves at risk of being homeless.

This has included Defence adopting a needs-based approach to transition, better employment support, free mental health care for life, and payments for those veterans in financial stress while their claim for compensation is in progress with DVA.

Mr Chester said currently there was no single source of data on veterans' homelessness and the Government has actively sought to better understand and address the risk factors and the instances of homelessness in the veteran community.

"In 2021, for the first time the Australian Census will have a question about Australian Defence Force service, which will provide valuable data on the veteran community and allow Government to better deliver services and support for veterans and their families, including homelessness services."

Open Arms — Veterans & Families Counselling provides free and confidential support for current and ex-serving ADF personnel and their families. Help is available 24/7 on 1800 011 046 (international: +61 1800 011 046 or +61 8 8241 4546) or visit <a href="www.OpenArms.gov.au">www.OpenArms.gov.au</a>

While the states and territories have primary responsibility for delivering housing and homelessness services, the Australian Government provides more than \$6 billion per year for housing and homelessness services for all Australians, including veterans.

Veterans who are struggling with their living situation or are at risk of homelessness are encouraged to contact the Department of Veterans' Affairs on 1800 555 254 or Open Arms – Veterans & Families Counselling on 1800 011 046 who will work with them to access the most appropriate care.

#### ENDS

#### MEDIA CONTACTS:

Rachel Tharratt: 02 6277 7820 DVA Media: 02 6289 6466

Office of the Hon. Darren Chester, Canberra ACT

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#### The Hon Darren Chester MP

Minister for Veterans' Affairs Minister for Defence Personnel

#### Letter to the Editor

Monday 3 August 2020

#### ONE IN A MILLION: RECOGNISING OUR SECOND WORLD WAR HISTORY

Dear Editor

Around one million Australians served during the Second World War, and many Australians today have a connection to at least one of them.

As we approach the 75<sup>th</sup> anniversary of the end of the Second World War on 15 August this year, there is no better time for us to uncover and capture the stories of these one million people and ensure they live on.

For families, it is a chance to learn more about someone who served, and for the nation, it is a time to gain a greater understanding of our involvement in this major conflict.

All we need to do is 'Just Ask' the question – what did my family do during the war? How do I learn more about Australia's involvement in the Second World War?

It is easier than ever before to research a family member's military history. The Department of Veterans' Affairs (DVA) has brought together all of its nominal rolls, including the Second World War nominal roll, into one website to make it easier to search and find information on those Australians who served in this war. The National Archives of Australia is working to digitise all of its Second World War records and the Australian War Memorial also has a wide range of useful information just a click away.

If you need a little help, start with the Researching Australians at War page on the Anzac Portal – www.anzacportal.dva.gov.au.

Ancestry.com.au is also helping Australians pay tribute to those who served and sacrificed in the Second World War by providing free online access to all Australian and New Zealand military records on the site from 13 August -16 August.

I encourage all Australians to look into their family's Second World War history and capture these stories, and to visit anzacportal.dva.gov.au/vp75 to learn more about a war that changed our nation's history forever.

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Kind regards

Darren Chester MP
Minister for Veterans' Affairs
Minister for Defence Personnel

**ENDS** 

MEDIA CONTACTS: Rachel Tharratt: 02 6277 7820 DVA Media: 02 6289 6466

Office of the Hon. Darren Chester, Canberra ACT.

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#### The Hon Darren Chester MP

Minister for Veterans' Affairs Minister for Defence Personnel

#### MEDIA RELEASE

Wednesday, 29 July 2020

## COMMEMORATIVE MEDALLION AND CERTIFICATE RECOGNISE SECOND WORLD WAR VETERANS

A special commemorative medallion marking the 75th anniversary of the end of the Second World War is now available to every living Second World War veteran to say 'thank you for your service'.

Minister for Veterans' Affairs Darren Chester today launched the medallion and certificate in the lead up to the end of the Second World War commemoration on 15 August, awarding the first medallion to Sale veteran Rose Jackson.

"As we approach this special anniversary, we recognise that it will be one of the last opportunities we have as a nation to publicly acknowledge the remaining veterans of the Second World War, of which there are around 12,000 still with us today," Mr Chester said.

"These brave Australians served our nation in the far corners of the world, fighting in theatres of war from Europe to North Africa, the Mediterranean and the Middle East, to Asia and the Pacific, with the conflict also reaching Australian shores.

"Australia can never fully repay the debt we owe these amazing men and women but, to mark their service, the Federal Government is producing this Commemorative Medallion and Certificate of Commemoration for the remaining living Second World War veterans.

"I am delighted to be in Sale today to present the first of the Commemorative Medallions to an Australian Second Word War veteran, Rose Jackson.

"Rose served in the Australian Army during World War Two and served as a private. She was posted to Bandiana, Victoria after undertaking training and worked in a clerical role.

"Thank you for your service, Rose."

The medallion, available to all living veterans who apply, will be presented in a display case and is a gesture of appreciation from a grateful nation to those veterans who fought to protect our way of life in the terrible conflict that ended 75 years ago.

Second World War veterans, or their families on their behalf, can apply online at <a href="https://doi.org/doi

#### MEDIA CONTACTS: Rachel Tharratt: 02 6277 7820

Open Arms — Veterans & Families Counselling provides free and confidential support for current and ex-serving ADF personnel and their families. Help is available 24/7 on 1800 011 046 (international: +61 1800 011 046 or +61 8 8241 4546) or visit <a href="www.OpenArms.gov.au">www.OpenArms.gov.au</a>



## Supporting senior Australians during the coronavirus pandemic

Older people are at greater risk of more serious illness if they get coronavirus. As we move towards a COVIDSafe Australia, it is important for people at greater risk to take extra steps to protect themselves.

27 July 2020

You should continue to maintain 1.5 metres distance from people you do not live with and practise good hygiene. These are the best defences for you and your family against coronavirus. If you do need to go out, you should consider downloading the COVIDSafe app if you have a smart device.

Support services are available if you are staying at home to protect yourself.

You can arrange telehealth appointments with your GP rather than face-to-face appointments. You can also arrange delivery of your prescriptions through your pharmacy. Talk to your GP and pharmacy about these options.

A new phone line is now available for senior Australians that provides information, support and connection. The Older Persons COVID-19 Support Line is available Monday to Friday, from 8.30am to 6.00pm on 1800 171 866.

If you would simply like to have a chat, you can call the FriendLine on 1800 424 287. Their friendly volunteers are ready to talk about anything and everything.

My Aged Care can arrange prepared meals or access to priority online and telephone grocery shopping if you are over 65 years. Contact My Aged Care by phone on 1800 200 422 from Monday to Friday 8.00am to 8.00pm and Saturday 10.00am to 2.00pm.

And if you would like friendship, you can access the Community Visitors Scheme which is continuing through the pandemic with phone and virtual friendships. For more information visit <a href="https://health.gov.au/cvs">health.gov.au/cvs</a>

For further information about support services available or about COVID-19, please visit the <a href="Department of Health website">Department of Health website</a>

As a result of some TPI members contacting the President about the difficulty in obtaining their previously DVA authorised scripts, enquiries have been made to DVA on what changes may have occurred that would affect the DVA clients. The following is the response that has been received from DVA's Chief Medical Officer, Dr Trish Batchelor.

"To provide you with some background, in response to concerns regarding the high number of deaths and hospitalisations due to prescription opioids, the Pharmaceutical Benefits Advisory Committee (PBAC) recommended changes to opioid listings. The Department of Health has agreed to those recommendations and made changes to the limits to the standard quantity and repeats allowed for opioids. These changes support safe and appropriate use of opioids and aim to reduce harm associated with opioid dependence and fatalities. In particular smaller packs are now available for post hospital discharge and acute care situations, in order to minimise the risk of patients developing dependence (which can happen remarkably quickly).

The changes to the Pharmaceutical Benefits Scheme (PBS) pain medicine restrictions are for everyone in Australia. A waiver of these restrictions for the veteran community would undermine the integrity of the requirement that all medical practitioners have an active role in the management of prescription medicine to their patients on an ongoing basis.

Below I have provided answers to your 4 questions to assist you with understand what these changes mean for DVA clients.

1: Your doctor can continue to obtain an RPBS Authority prescription for a one month supply of opioid medicine by telephoning DVA on 1800 552 580.

If your doctor wishes to obtain repeats, they can continue to **post in a prescription to DVA to obtain a one month and two repeats**. This is different to when GP's prescribe for non-Veterans as we can only prescribe one month at a time with no repeats – there is no option to prescribe for longer. It is good general medical practice to see a patient who requires opioids at least once every 3 months.

2: As part of these changes, pain management will need to be reviewed through consultation with another medical practitioner every 12 months. A reviewing doctor can be **any other medical practitioner** OR pain medicine specialist who will confirm the continuing need and support your doctor's prescribed treatment. This is the main change as previously this review was only required once, after the initial 12 months of prescribing an opioid. Pat I am quite upset by the number of medicinal cannabis submissions I see in which the pain specialist has identified that the Veteran has never received any pain education, and this may present an opportunity to add this, and other non-medication options into the management plan. However please note that this review does **not** need to be with a pain specialist in acknowledgement of the shortage of these specialists in Australia.

3 and 4: Under these changes, **no opioid medicines have been removed from the PBS** and your doctor is still able to prescribe them via the RPBS under these altered arrangements.

The Department of Health has provided a <u>Summary of PBS opioid listings for the treatment of pain as of 1 June 2020 - 2 June 2020</u> to assist your doctor.

Further information for your doctor can be found on the TGA website at <a href="https://www.tga.gov.au/">https://www.tga.gov.au/</a> prescription-opioids-information-health-professionals

Your doctor can call DVA on 1800 552 580 should they need further information about RPBS Authority prescription arrangements."



## Community and peer program

The Open Arms community and peer program involves 'lived experience' peers. Peers work collaboratively with veterans, family supports, community agencies and mental health clinicians. Community and Peer Advisors complement our counselling and group program services. They provide a more holistic and therapeutic experience for clients.

## Lived experience peers

Peers draw on their own lived experiences from the military and mental health service system when working with clients. Peers are able to provide insight and support to veterans with complex care needs. Peers can provide intensive case management as well as referrals for difficult post-service issues such as:

- finances
- relationships
- employment
- · physical health
- mental health
- thoughts of suicide

Community and Peer Advisors have an excellent understanding of the local support services. They work to enable the individual. By instilling confidence, helping overcome barriers and providing access to support services. This is achieved through:

## **Community engagement**

- giving presentations
- visiting service providers
- attending community meetings and forums
- creating engagement opportunities, e.g. wheelchair basketball and coffee shop outings

### **Direct client services**

- conducting intake (outreach based), e.g. at hospitals and crisis accommodation
- helping with case management, e.g. linking to services
- providing peer support, e.g. using lived experience to connect 1:1 and build hope

## Peer network

- support, education and networking
- monthly meetings (currently in Townsville with future locations to be announced)
- peer support training programs

### Contact us

To learn more about how the Community and Peer Program could help you, call Open Arms on 1800 011 046. The Open Arms' Community and Peer Program is available nationally.

### BOUND COPIES OF VOLUMES OF THE SERVICEMAN FROM 1962 TO 2019 BY BILL SMITH AND BOB CREMER.



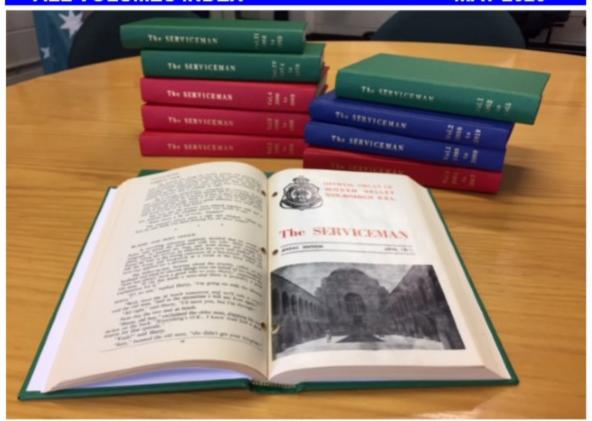
# Official Magazine of WODEN VALLEY SUB-BRANCH R.S.L.



## The SERVICEMAN

## **ALL VOLUMES INDEX**

## **MAY 2020**



Bound copies of all Volumes of *The Serviceman* from 1962 to 2019 and of *The Serviceman* (Special Edition) 1999 to 2019.

THESE VOLUMES WERE PRESENTED TO THE WODEN VALLEY RSL SUB-BRANCH BY BILL SMITH AND BOB CREMER IN MAY 2020

## Dear Members and Friends,

Join the Cretan Federation of Australia and New Zealand for an ANZAC Pilgrimage to Greece, in Athens and on Crete to commemorate the 80th Anniversary of the Battle of Crete and the Australian involvement in 1941.

This moving journey that will take place in May 2021, will take you where soldiers from Australia, New Zealand Britain and Greece fought alongside Cretan civilians to push back German invaders during the Battle for Crete in May of 1941.

You will participate in official ceremonies honouring those who fought in the Battle, whilst tracing the history of this significant event during WWII.

Join us on this touching journey as we analyse the Battle by visiting its key sites, whilst at the same time, reliving the heroism and the hopes of the Cretan partisans who fought alongside our own Australian and New Zealand troops.

For a complete detailed program please register your interest in attending via email at with the Cretan Federation of Australia & New Zealand at <a href="mailto:president@cretan.com.au">president@cretan.com.au</a>.

The Cretan Federation of Australia and New Zealand has partnered with Touchdown Tours for all your travel and accommodation requirements with two wonderful packages on offer. Please contact Jaqui on (03) 9482 5215 or via email at <a href="mailto:travel@touchdowntours.com.au">travel@touchdowntours.com.au</a>.

Kind Regards

### Tony Tsourdalakis President

Tony 0419856736 president@cretan.com.au

## Or contact Rania Kalimeris 02 6285 1931 for details





Cost per person from	3* option	4* option
Twin share	\$3,242	\$3,683
Single Supplement	\$955	\$1,235

INCLUSIONS & GENERAL NOTES

- 2 nights hotel in Athens including breakfast daily
- · 4 nights hotel in Chania including breakfast daily
- 3 nights hotel in Rethymnon including breakfast daily
- · All tours & transfers as specified in the itinerary
- · Entrance fees to all sites and museums as mentioned in the itinerary
- · Greek domestic flights : Athens Chania Athens inc. luggage allowance
- WWII Battle of Crete In-Depth Touring tour with private bus, professional English & Greek speaking bilingual guide
- Traditional Farewell Dinner
- \*Battle of Crete Commemorative experiences will take glace at various times during the tour, and the details will be confirmed closer to departure. They may not
  always take glace on the days specified, and may take glace in between touring, as they will be dependent on guidance by local authorities.

## New veteran cards are on their way!



Veterans will be receiving new Veteran Cards in the post from June as the old DVA health cards expire.

The new Veteran Cards are replacing the existing DVA health cards (Gold, White and Orange) that expire July 2020, with all health benefits and entitlements remaining unchanged.

The new cards have been issued since early 2019, so some veterans may have received their new look cards already as well as any Veteran who signed up to the Australian Defence Veterans' Covenant.

Look out for your new card in the post, and don't forget to destroy your old expired one (Gold, White or Orange).

Clients who have a DVA health card with an expiry date after July 2020, will be issued a Veteran Card later in the year.

The Veteran Card provides a way for the Australian community to recognise and connect with veterans and acknowledge service to the nation. As well as continuing to provide access to health services, the new cards also provide additional benefits from businesses, organisations and community groups who support the Australian Defence Veterans' Covenant.

For more information on the health benefits available to Veteran Card holders visit : https://www.dva.gov.au/health-and-treatment/veteran-healthcare-cards/veteran-card

If you haven't received your new Veteran Card by the end of July please call us on 1800 555 254.



## AVCAT SCHOLARSHIPS

Tertiary scholarships for children and grandchildren of Australian ex-serving veterans

## Apply online

Applications open Vietnam Veterans Day 18 August 2020

Apply by midnight 31 October 2020

avcat.org.au

Don't forget our Coffee Club is still open from 10-12 every Friday in The Corey Room, Level 2A, of the Grant Cameron Community Centre, 27 Mulley Street, Holder.





Any member or prospective member is most welcome to join us for a chat and enjoy freshly brewed coffee with former service mates.

- Eddison Day Club meetings
  - . Carers Friendship Group
    - **Burrangiri**

## SUSPENDED UNTIL FURTHER NOTICE

Did you know?



E-News and The Serviceman are also readily available to read on our website www.rslwoden.org.au

#### **Contact Us**

Give us a call for more information or access to our services

RSL Woden Valley Sub-Branch 14/27 Mulley Street HOLDER ACT 2611

62851931

admin@rslwoden.org.au

Visit us on the web at www.rslwoden.org.au

Or drop in for a coffee Fridays at 10.00am

Our office hours are 9am-3pm Mon-Fri