

RSL WODEN VALLEY SUB-BRANCH ENEWS



May 2020

This Anzac Day 2020 we commemorated from home

Below : War Memorial photos



In the pre-dawn darkness, residents came to the edges of their driveways and lit lanterns and stood solemnly. Homemade wreaths of paper poppies hung from the letterboxes.



“Thank You” packages to our Veterans on ANZAC DAY

The recognition of our Veterans’ service is forefront in our hearts and minds on ANZAC Day each year. This year was very different without an ANZAC march and National Ceremony, no games of two-up at the clubs, and no beers with old mates.

However, Sarah of Lazy Grazer catering had the bright idea of delivering ‘Thank You’ packages to our Veterans. After an interview on the local radio ABC 666, the public got behind her and 140 packages were donated, including ten by Sarah and her husband.

We were fortunate enough to be allocated 40 packages that were delivered to some of our older Veterans. Each package was hand delivered on ANZAC Day by Sarah, her husband and friends.

The feedback we received was heart-warming. Veterans that were home alone felt appreciated and the delicacies made for an excellent and high quality lunch. We received comments such as “It lifted our spirits”, “it was a beautiful gesture of appreciation”, “I’m sure there are others more worthy but thank you”, “what a beautiful surprise, it made my day”, and “I can’t thank you enough it really made me happy to know someone thought of me especially today”.

Such a simple idea and the generosity in our Canberra community brought out a few extra smiles on ANZAC Day, a day we pay our respects to those who have died for us, fought and sacrificed to secure our freedom. It was an honour for the Welfare Team to be a part of this project.

Many thanks to Sarah Felstead, The Lazy Grazer. Mobile: 0449 916 461

www.thelazygrazer.com.





ACT Health

FLU
vaccine

GET THE 2020 FLU VACCINE NOW

DON'T RISK GETTING THE FLU AND COVID-19 AT THE SAME TIME

Have you had this year's flu vaccine? If you are 65 years and older, you are at high risk of developing serious complications from the flu. Getting vaccinated will help protect you and your loved ones from influenza this winter.

The influenza vaccine is free and strongly recommended for all adults 65 years and older.

It's important to make an appointment first, talk to your health care professional and visit health.act.gov.au/flu



COVID-19 information for veterans about telehealth

On 1 April 2020, the Department of Veterans' Affairs expanded access to telehealth services in response to the COVID-19 pandemic.

8 April 2020

On 1 April 2020, the Department of Veterans' Affairs expanded access to telehealth services in response to the COVID-19 pandemic. This enables medical, community nursing and many allied health services to continue to be provided to Australia's veteran community, via videoconference or telephone ('telehealth').

This expansion in telehealth services will help take pressure off hospitals and emergency departments by allowing people to access essential health services in their home, and will support self-isolation and quarantine policies to reduce the risk of exposure and the spread of COVID-19.

What does the expansion include?

This expansion allows Department of Veterans' Affairs (DVA) cardholders to access services from a medical or health professional via telehealth, where clinically appropriate, and **at no cost**.

DVA's funding arrangements for allied health services are significantly broader than the services funded under the Medicare Benefits Schedule, and DVA encourages veterans to continue to use these services under their current DVA funding arrangements.

These temporary arrangements will be in place until 30 September 2020, when they will be reviewed in light of the need to continue the fight against COVID-19.

Need more information?

For more information about what the expansion announcement means for veterans and their families, contact DVA on [1800 555 254](tel:1800555254).

Local phone helpline to answer COVID-19 questions



THERE is now a helpline to assist Canberrans with questions about COVID-19 on 6207 7244. It will be open 8am and 8pm daily.

The helpline is intended to help the community to access services such as:

- *COVID-19 health advice and referrals;*
- *requests for advice and information about the business and community stimulus packages provided by the ACT Government;*
- *requests for assistance by vulnerable and isolated persons, including those self-isolating or in quarantine;*
- *community reports of non-compliance with health directions by individuals, businesses and organisations for referral to the relevant authorities;*
- *referrals to the ACT Health Protection Services, ACT Policing and Access Canberra Fair Trading; and*
- *answer general COVID-19 related enquires.*



29 APRIL 2020

Information: Supermarket Priority initiative Update

Dear ESORT Members,

As you know we have been working closely with a number of supermarket chains to ensure vulnerable veterans can access a range of priority assistance services from supermarkets when purchasing online or shopping in-store.

While the Gold Card is not a concession card it does identify our most vulnerable veterans, and war widows, of which there are over 120,000 across Australia.

From today, Gold Card holders are eligible to access the priority services offered by Coles, IGA, Foodworks and Woolworths. .

The services being offered include priority online ordering, home delivery, in-store collection and access to a range of boxed basic grocery items which is delivered by Australia Post.

More detail on the offerings from each supermarket can be found at the following links:

Coles <https://www.coles.com.au/customernotice/onlinepriorityservice>.

Foodworks <https://foodworks.com.au/homedelivery>

IGA <https://igashop.com.au/>

Woolworths <https://www.woolworths.com.au/shop/discover/priorityassistance>

While Gold Cards may not be identified on landing pages (as we are waiting for updates to the websites), the DVA Gold card is listed or can be included when completing the online registration process.

We will be providing more information to veterans about these initiatives through our usual communication and social network channels. But I would appreciate your assistance in highlighting these services to your members.

I am pleased with this outcome and thank you all for your patience.



Liz Cosson AM CSC

Secretary

Department of Veterans' Affairs

T: 02 6289 6735 Ext: 616735

E: Liz.Cosson@dva.gov.au | E: Secretary@dva.gov.au

Special COVID-19 edition - no. 2

The Department of Veterans' Affairs (DVA) has produced a second special COVID-19 edition of *e-news*. DVA is committed to keeping the veteran community and the Australian public informed as this crisis evolves. Between editions of *e-news* and [Vetaffairs](#), you can check the [DVA website](#), including the [Latest News for Veterans](#) page. Please share this email with anyone you think might find it useful.

If you have received this without having subscribed to *e-news*, that is because DVA has used the email address you provided to [MyService](#). We have done this because of the COVID-19 pandemic and will not send you routine editions of *e-news* unless you [subscribe](#). If you do not want to receive COVID-19 editions of *e-news*, please [email us](#).

Online and telephone support to veterans

DVA's Veteran Access Network (VAN) and Veteran Support Officers (VSOs) continue to provide online and telephone support to our veterans and their families while our face-to-face services are temporarily suspended.

Service delivery will not be impacted, just provided differently. Veterans will continue to have access to the services they need

and rely on from DVA. This is a short-term measure until the current COVID-19 situation eases and face-to-face service delivery can return to normal.

Read more on the [DVA website](#).

Payments to support households

The second Australian Government stimulus payment of \$750 to around five million social security, veteran and other income support recipients and eligible concession card holders will be paid automatically in July.

This is in addition to the \$750 stimulus payment announced on 12 March 2020.

This second payment will be made automatically from mid July 2020 to Australian resident recipients of certain DVA benefits.

Read more on the [DVA website](#).

Hardship provisions for energy, water and rates

Essential services assistance for households and small businesses facing hardships will be extended from the energy and telecommunications sector to other services like water resources and local government.

Read more on the [DVA website](#).

Safe Zone 24/7 Support for the Veteran Community

It takes courage to reach out for support, and sometimes it is easier to do this anonymously. For this reason there is a new telephone support line available to any member of our veteran community.

Through Safe Zone Support, specialised counsellors with an understanding of the military culture and experience can offer you care without needing to know who you are. When you call Safe Zone Support, it is up to you how much or how little personal information you share, and your calls are not recorded.

Read more on the [DVA website](#).

Planning for staying healthy during COVID-19

One of DVA's key priorities following the outbreak of the coronavirus has been to ensure that our veteran community receives the most appropriate care possible in these unprecedented times.

Focusing on your health and wellbeing is essential during this time and ensuring you have the care you need from home is something our Community Nursing providers can help you with.



75th Anniversary of the End of the Second World War

Members of the Returned Service League (RSL),

THESE 2020 COMMEMORATIVE COINS ARE A MEMORABLE TRIBUTE TO THOSE WHO SERVED

This year marks the 75th anniversary of the end of the Second World War. To commemorate this important milestone, as well as Anzac Day 2020, the Royal Australian Mint has released two limited-edition collectible coins, as well as a new circulating \$2 coin.

This year, Australians will observe Anzac Day without many of its traditional ceremonies. While we deal with the challenges of COVID-19, we should reflect on the sacrifices made by generations before us.

The beautiful \$2 collectible and circulating coin features the dove of peace and colours representing the three Australian forces that served from 1939 to 1945. The \$5 Silver Proof Coin displays a woman releasing doves, representing peace, and origami cranes: a reference to the Children's Peace Monument in Hiroshima, Japan. These coin designs represent the triumph of peace over war, and solemnly commemorates those who fell during the Second World War.



If you are not interested in receiving emails of this nature in the future, please respond to info@ramint.gov.au

Thank you,

Royal Australian Mint
info@ramint.gov.au

BOUND COPIES OF VOLUMES OF THE SERVICEMAN FROM 1987 TO 2019
BY BILL SMITH AND BOB CREMER.



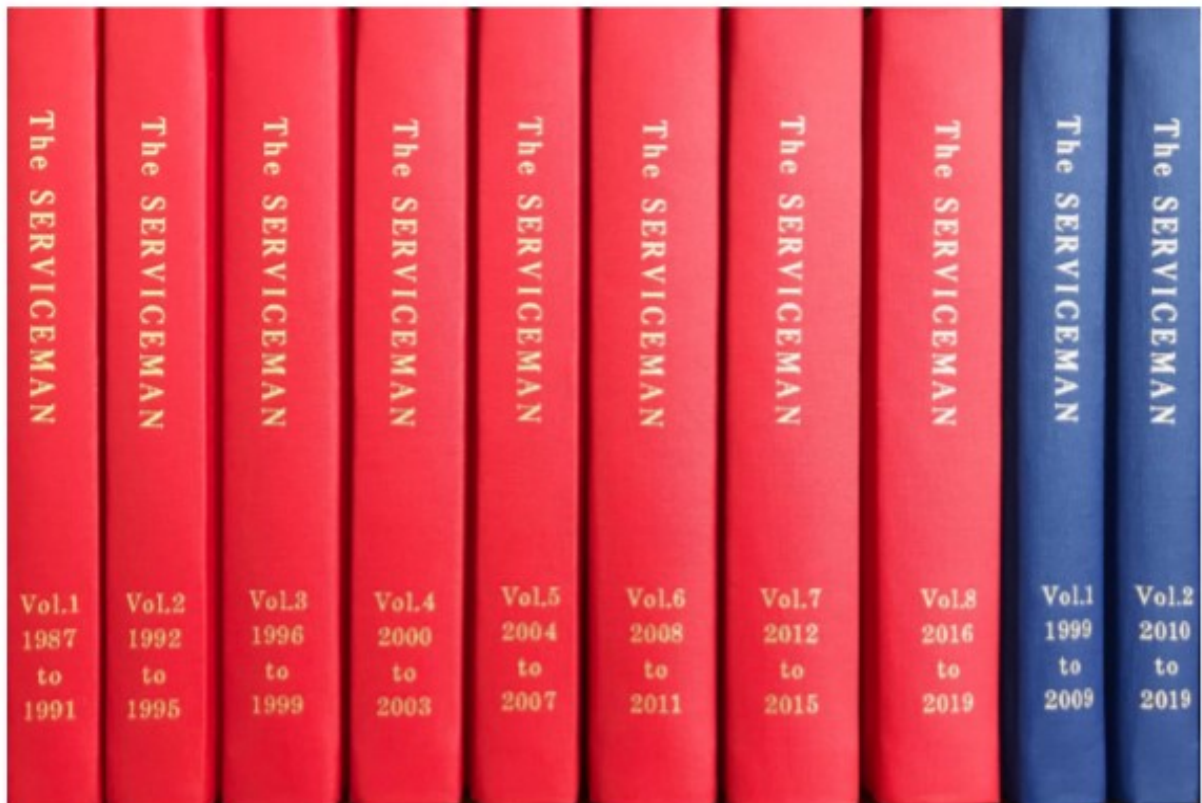
Official Magazine of
**WODEN VALLEY
SUB-BRANCH R.S.L.**



The SERVICEMAN

ALL VOLUMES INDEX

MAY 2020



Bound copies of Volumes 1-8 of *The Serviceman* from 1987 to 2019
and Volumes 1-2 of *The Serviceman (Special Edition)* 1999 to 2019.

**THESE VOLUMES WERE PRESENTED TO THE WODEN VALLEY RSL
SUB-BRANCH BY BILL SMITH AND BOB CREMER IN MAY 2020**

THE SERVICEMAN

ALL VOLUMES (1987-2019) INDEX

This index lists articles that appeared in the eight volumes of *The Serviceman* published between 1987-2019 and two volumes of the associated Eddison Park Schools Special issues published between 1999-2019. The articles reflect the activities and interests of the members of the Woden Valley RSL Sub-Branch and its contribution to the curricular of local schools at that time.

The index does not list routine reports on Annual and Quarterly Reports of Sub-Branch activities that outline the history of management and social development of the WWSB. However each magazine does contain relevant reports by the President, Secretary, Editor and those submitted by Committee/Board Members. These can be found in the individual index contained in every issue of *The Serviceman*. Searchers will be rewarded by a host of other small, interesting and amusing items that are also not listed individually and need to be discovered.

How to use this index:

Articles are listed in alphabetical order and referenced by year, issue and page number as follows:

<i>Year of publication:</i> Shown by decade (e.g. 1999 is shown as 99)
<i>Issue:</i> Shown as A (ANZAC), W (Winter), X (Xmas), S (Special Schools)
<i>Page Number:</i> The number 00 denotes a front cover photograph or a story in that specified issue.

Example: The article titled "RSL Badge Symbolism" is listed as 88 X37 and that should lead you to 1988, Xmas edition Page 37.



President Jim Gilchrist with Bill Smith checking through the bound Serviceman Volumes

Note: This photo was taken in advance of a formal presentation of the book sets to the Sub-Branch that had to be cancelled/postponed due to a general Coronavirus (Covid-19) pandemic shutdown of all meetings.

1 April 2020

Napier Waller Art Prize for veteran community opens from 20 April 2020

The Australian War Memorial, the University of Canberra, The Road Home, and the Department of Veterans' Affairs encourage current and former Australian Defence Force personnel to enter the 2020 Napier Waller Art Prize, open from Monday 20 April.

The prize program, initiated in 2018, is the only one offered to current and former Defence personnel at a national level. It aims to promote artistic excellence, the transformative and healing power of creativity, and raises awareness of the experiences and talent of service personnel.

The winner will receive a \$10,000 cash prize, and their entry will be displayed at the Australian War Memorial and accessioned into the National Collection. The winning artist will also receive a two-week research residency in the Art Section of the Memorial, while a prize of \$5,000 will be awarded to the entry that wins People's Choice.

Assistant Director, National Collection at the Australian War Memorial Major General Brian Dawson (Ret'd) said the Napier Waller Art Prize, won in 2019 by Natalie Duncan with her emotive ceramic piece *You are in danger and I am far away*, continues to attract an exceptional field of work for judges to consider.

"These are challenging and uncertain times, however we believe art and creativity can play an important role in providing respite and fostering resilience during difficult times," Major General Dawson said.

"The Napier Waller Art Prize provides a unique opportunity for our current and former service personnel to share their experiences and stories through a deeply personal and revealing medium. I urge all creative Australian servicemen and servicewomen, current and former serving, to consider entering their work."

Entries open on Monday 20 April 2020 and close on Sunday 7 June 2020.

Entrants can submit any visual art medium including but not limited to: painting, photography, printmaking, drawing, sculpture, digital, decorative, and installation. Artworks may address any theme, with the winning artwork to be chosen by a panel of art experts and judges.

The Memorial continues to plan for an exhibition of highly commended works later in the year. An online exhibition of shortlisted entries will be featured on the Memorial's website from 17 August 2020 to 20 September 2020.

Please visit [the Memorial's website](#) for more information and for terms and conditions of entry.

CONTACT: Max Grieve 02 6243 4575 0409 600 038 media@awm.gov.au

Winner of 2019 Napier Waller Art Prize – Natalie Duncan, *You are in danger and I am far away*, 2019



Natalie Duncan with her work *You are in danger and I am far away*, acquired as winner of Napier Wall Art Prize in 2019, AWM2019.922.1



Burrangiri

***Social and recreation
support.***

***Next RSL Woden Valley
Sub-Branch***

SUSPENDED

UNTIL FURTHER NOTICE

***Call Rania on
02 62851931***

- **Eddison Day Club meetings**
- **Carers Friendship Group**
- **Friday Coffee Catch up**

**SUSPENDED UNTIL
FURTHER NOTICE**

Did you know?

**E-News and The Serviceman
are also readily available to
read on our website
www.rslwoden.org.au**



Contact Us

Give us a call for more
information or access to
our services

***RSL Woden Valley
Sub-Branch
14/27 Mulley Street
HOLDER ACT 2611***

62851931

admin@rslwoden.org.au

Visit us on the web at
www.rslwoden.org.au

Or drop in for a coffee
Fridays at 10.30am

Our office hours are
9am-3pm Mon-Fri